2015 Fox Cities
Behavioral Risk Factor Surveillance System:
Local, State, and National Data Comparison

Appleton
Menasha
Neenah
2015 Fox Cities
Behavioral Risk Factor Surveillance System:

Regional Collaboration Team:

Affinity Health System
Aurora Health Care
Calumet County Health Division
Children’s Hospital of Wisconsin
City of Appleton Health Department
City of Menasha Health Department
City of Neenah Health Department
City of Oshkosh Health Services Division
Outagamie County Public Health Division
ThedaCare
Winnebago County Health Department
Methodology

- 400 telephone interviews
  - conducted 11/11/14 through 1/9/15
- Random, selection of persons 18 years old and older – data weighted by age and gender to align to 2010 census for comparison
- Low margin of error
  - 95% confidence obtained in survey
- One percentage point equals 867 individuals
- 2010 US Census estimates for Appleton, Menasha and Neenah
  - 86,658 persons 18 years or older
  - 46,973 households
The Data Sources

• LOCAL DATA:
  • 2015 Fox Cities BRFSS
  • 2010 Fox Cities BRFSS
  • 2005 Fox Cities BRFSS
  • 2000 Fox Cities BRFSS

• STATE AND NATIONAL DATA:
  • CDC BRFSS 2014 SAS datasets
The Graphs Explained

• Slide Arrow Color:
  • GREEN arrow indicator

• Local results in 2015 trending over 5% better than 2010 results (left side)
• Local results in 2015 over 5% better than state results (right side)
The Graphs Explained

• Slide Arrow Color:

• YELLOW arrow indicator

• Local results in 2015 trending similar to 2010 results (within 5%) (left side)
• Local results in 2015 similar to state results (within 5%) (right side)
The Graphs Explained

- Slide Arrow Color:
  - RED arrow indicator

- Local results in 2015 trending over 5% worse than 2010 results (left side)
- Local results in 2015 over 5% worse than state results (right side)
The Graphs Explained

• AXIS:
  • X-axis:
    • BRFSS survey tool and year
  • Y-axis:
    • Percent Response

• TITLE:
  • Fox Cities BRFSS TOPIC
  • BRFSS question in quotations

• Note:
  • Not all chart values equal 100% due to “not sure” and “refused” responses being omitted to ease chart readability
"A Prostate-Specific Antigen test, also called a PSA test, is a blood test used to check men for prostate cancer. Have you ever had a PSA test?"

18-24: 12%
25-34: 20%
35-44: 17%
45-54: 20%
55-64: 15%
65 and over: 16%

2015 BRFSS Fox Cities

18-24: 13%
25-34: 17%
35-44: 18%
45-54: 21%
55-64: 15%
65 and over: 16%

2014 CDC BRFSS Wisconsin

18-24: 13%
25-34: 16%
35-44: 16%
45-54: 18%
55-64: 18%
65 and over: 20%

2015 Tri-County Area

18-24: 13%
25-34: 17%
35-44: 18%
45-54: 15%
55-64: 16%
65 and over: 20%

2014 CDC BRFSS Nationwide

18-24: 13%
25-34: 17%
35-44: 18%
45-54: 19%
55-64: 17%
65 and over: 19%
“What best describes your ethnic heritage?”

*HISPANIC/LATINO INDICATOR REPRESENTS THOSE WHO INDICATED HISPANIC OR LATINO ETHNICITY IN ADDITION.
Demographic Marital Status

“Are you…”

- Married
- Divorced
- Widowed
- Separated
- Never been married
- A member of an unmarried couple

Percent Response

- 2015 BRFSS Fox Cities
- 2010 BRFSS Fox Cities
- 2005 BRFSS Fox Cities
- 2000 BRFSS Fox Cities
- 2015 Tri-County Area
- 2014 CDC BRFSS Wisconsin
- 2014 CDC BRFSS Nationwide
Demographic Education

“What is the highest grade or year of school you have completed?”

- Never Attended or Kindergarten
- Grades 1-8
- Grade 12 or GED
- College 1-3
- College 4 or more

<table>
<thead>
<tr>
<th>Year</th>
<th>Never Attended or Kindergarten</th>
<th>Grades 1-8</th>
<th>Grade 12 or GED</th>
<th>College 1-3</th>
<th>College 4 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>0%</td>
<td>6%</td>
<td>22%</td>
<td>41%</td>
<td>4%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>0%</td>
<td>1%</td>
<td>2%</td>
<td>31%</td>
<td>3%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>0%</td>
<td>1%</td>
<td>4%</td>
<td>25%</td>
<td>37%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>0%</td>
<td>4%</td>
<td>2%</td>
<td>32%</td>
<td>3%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>0%</td>
<td>3%</td>
<td>30%</td>
<td>32%</td>
<td>35%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>0%</td>
<td>3%</td>
<td>3%</td>
<td>33%</td>
<td>33%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>0%</td>
<td>5%</td>
<td>10%</td>
<td>28%</td>
<td>31%</td>
</tr>
</tbody>
</table>

2015 BRFSS Fox Cities
2010 BRFSS Fox Cities
2005 BRFSS Fox Cities
2000 BRFSS Fox Cities
2015 Tri-County Area
2014 CDC BRFSS Wisconsin
2014 CDC BRFSS Nationwide
Demographic Employment

“Are you currently...”

- Employed for wages
- Self-employed
- Farmer
- Out of work >1yr
- Out of work <1yr
- Homemaker
- Student
- Retired
- Unable to work

Percent Response

- 2015 BRFSS Fox Cities
- 2010 BRFSS Fox Cities
- 2005 BRFSS Fox Cities
- 2000 BRFSS Fox Cities
- 2015 Tri-County Area
- 2014 CDC BRFSS Wisconsin
- 2014 CDC BRFSS Nationwide

Yearly data showing employment status with various categories.
Demographic Income

“Is your annual household income before taxes from all sources...”

- <$10,000
- $10,001-$15,000
- $15,001-$20,000
- $20,001-$25,000
- $25,001-$35,000
- $35,001-$50,000
- $50,001-$75,000
- >$75,000
- DK/RF

Percent Response

2015 BRFSS Fox Cities
2010 BRFSS Fox Cities
2005 BRFSS Fox Cities
2000 BRFSS Fox Cities
2015 Tri-County Area
2014 CDC BRFSS Wisconsin
2014 CDC BRFSS Nationwide
Demographic Children

“How many children less than 18 years of age live in your household?”

- 0
- 1-2
- 3-4
- 5 or more

2015 BRFSS Fox Cities: 60% (0), 32% (1-2), 8% (3-4), 1% (5 or more)
2010 BRFSS Fox Cities: 65% (0), 27% (1-2), 7% (3-4), 1% (5 or more)
2005 BRFSS Fox Cities: 66% (0), 26% (1-2), 7% (3-4), 1% (5 or more)
2015 Tri-County Area: 60% (0), 29% (1-2), 9% (3-4), 2% (5 or more)
2014 CDC BRFSS Wisconsin: 66% (0), 26% (1-2), 7% (3-4), 1% (5 or more)
2014 CDC BRFSS Nationwide: 63% (0), 29% (1-2), 8% (3-4), 1% (5 or more)
“Do you live in the City of Appleton, Menasha, or Neenah?”

<table>
<thead>
<tr>
<th>Year</th>
<th>Appleton</th>
<th>Menasha</th>
<th>Neenah</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>65%</td>
<td>11%</td>
<td>25%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>57%</td>
<td>19%</td>
<td>24%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>66%</td>
<td>14%</td>
<td>21%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>60%</td>
<td>15%</td>
<td>25%</td>
</tr>
</tbody>
</table>
Demographic Gender

“Sex of respondent”

<table>
<thead>
<tr>
<th>Demographic Gender</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>49%</td>
<td>51%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>50%</td>
<td>50%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>49%</td>
<td>51%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>49%</td>
<td>51%</td>
</tr>
</tbody>
</table>
Body Mass Index

BMI is calculated as \(\frac{\text{weight in pounds}}{(\text{height in inches})(\text{height in inches})} \times 703\)

- Neither overweight or obese
- Overweight
- Obese

Percent Response

<table>
<thead>
<tr>
<th>Year</th>
<th>Fox Cities 2015</th>
<th>Fox Cities 2010</th>
<th>Fox Cities 2005</th>
<th>Tri-County Area 2015</th>
<th>CDC BRFSS Wisconsin 2014</th>
<th>CDC BRFSS Nationwide 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>36%</td>
<td>36%</td>
<td>37%</td>
<td>39%</td>
<td>37%</td>
<td>36%</td>
</tr>
<tr>
<td></td>
<td>28%</td>
<td>34%</td>
<td>28%</td>
<td>38%</td>
<td>33%</td>
<td>35%</td>
</tr>
<tr>
<td></td>
<td>23%</td>
<td>31%</td>
<td>23%</td>
<td>31%</td>
<td>31%</td>
<td>29%</td>
</tr>
</tbody>
</table>
Body Mass Index - Age

BMI is calculated as \{ \text{weight in pounds}/(\text{height in inches})(\text{height in inches}) \} \times 703

<table>
<thead>
<tr>
<th>Percentage Range</th>
<th>18-24</th>
<th>25-34</th>
<th>35-44</th>
<th>45-54</th>
<th>55-64</th>
<th>65+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neither overweight or obese</td>
<td>56%</td>
<td>49%</td>
<td>32%</td>
<td>19%</td>
<td>31%</td>
<td>33%</td>
</tr>
<tr>
<td>Overweight</td>
<td>35%</td>
<td>27%</td>
<td>34%</td>
<td>34%</td>
<td>36%</td>
<td>34%</td>
</tr>
<tr>
<td>Obese</td>
<td>8%</td>
<td>24%</td>
<td>34%</td>
<td>45%</td>
<td>31%</td>
<td>33%</td>
</tr>
</tbody>
</table>

Percent Response

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%
Health Status

“Would you say that in general your health is...”

Percent Response

Local Trend Comparison ‘15-’10

Comparison '15 - '10

Local - State Comparison

2015 BRFSS Fox Cities
2010 BRFSS Fox Cities
2005 BRFSS Fox Cities
2000 BRFSS Fox Cities
2015 Tri-County Area
2014 CDC BRFSS Wisconsin
2014 CDC BRFSS Nationwide
Healthy Days - Physical

“Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?”

Percent Response

- 0 days
- 1-2 days
- 3 or more days

Local Trend Comparison ‘15-'10

Local - State Comparison
“Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?”

Percent Response

<table>
<thead>
<tr>
<th>Year</th>
<th>0 days</th>
<th>1-2 days</th>
<th>3 or more days</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS FoxCities</td>
<td>60%</td>
<td>31%</td>
<td>9%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>60%</td>
<td>28%</td>
<td>11%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>60%</td>
<td>26%</td>
<td>15%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>63%</td>
<td>22%</td>
<td>15%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>62%</td>
<td>27%</td>
<td>11%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>65%</td>
<td>25%</td>
<td>9%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>66%</td>
<td>25%</td>
<td>9%</td>
</tr>
</tbody>
</table>

Local Trend Comparison ‘15-'10
Local - State Comparison
Healthy Days Effect

“During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?”

- 0 days
- 1-2 days
- 3 or more days

Percent Response

- 2015 BRFSS Fox Cities: 48% (0 days), 16% (1-2 days), 37% (3 or more days)
- 2010 BRFSS Fox Cities: 63% (0 days), 13% (1-2 days), 25% (3 or more days)
- 2005 BRFSS Fox Cities: 67% (0 days), 12% (1-2 days), 21% (3 or more days)
- 2000 BRFSS Fox Cities: 65% (0 days), 17% (1-2 days), 17% (3 or more days)
- 2015 Tri-County Area: 56% (0 days), 13% (1-2 days), 32% (3 or more days)
- 2014 CDC BRFSS Wisconsin: 61% (0 days), 11% (1-2 days), 29% (3 or more days)
- 2014 CDC BRFSS Nationwide: 58% (0 days), 11% (1-2 days), 31% (3 or more days)
“Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?”

Local Trend Comparison ‘15–’10

Local - State Comparison

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>12%</td>
<td>87%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>10%</td>
<td>90%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>10%</td>
<td>90%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>5%</td>
<td>95%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>9%</td>
<td>91%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>11%</td>
<td>89%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>14%</td>
<td>86%</td>
</tr>
</tbody>
</table>
“About how long has it been since you last visited a doctor for a routine checkup?”

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 5 years (2-5 years ago)
- 5 or more years ago
- Never

Percent Response

<table>
<thead>
<tr>
<th>Year</th>
<th>Local Trend</th>
<th>Comparison '15-'10</th>
<th>Health Care Check-up</th>
<th>Local - State Comparison</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>71%</td>
<td>10%</td>
<td>8%</td>
<td>7%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>78%</td>
<td>4%</td>
<td>3%</td>
<td>1%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>74%</td>
<td>13%</td>
<td>7%</td>
<td>6%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>68%</td>
<td>16%</td>
<td>9%</td>
<td>6%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>77%</td>
<td>11%</td>
<td>6%</td>
<td>4%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>70%</td>
<td>14%</td>
<td>8%</td>
<td>7%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>69%</td>
<td>13%</td>
<td>8%</td>
<td>7%</td>
</tr>
</tbody>
</table>
**Health Care Access**

“What is the primary source of your health care coverage? Is it...”

- A plan purchased through an employer or union
- Medicare
- TRICARE, VA, or Military
- Medicaid or other state program
- Alaska Native, Indian Health Service, Tribal Health Services
- Some other source
- None

<table>
<thead>
<tr>
<th>Source</th>
<th>2015 BRFSS Fox Cities</th>
<th>2015 Tri-County Area</th>
<th>2014 CDC BRFSS Wisconsin</th>
<th>2014 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>A plan purchased through an employer or</td>
<td>53%</td>
<td>55%</td>
<td>56%</td>
<td>54%</td>
</tr>
<tr>
<td>union</td>
<td>15%</td>
<td>13%</td>
<td>12%</td>
<td>11%</td>
</tr>
<tr>
<td>Medicare</td>
<td>19%</td>
<td>17%</td>
<td>17%</td>
<td>20%</td>
</tr>
<tr>
<td>TRICARE, VA, or Military</td>
<td>7%</td>
<td>6%</td>
<td>7%</td>
<td>9%</td>
</tr>
<tr>
<td>Medicaid or other state program</td>
<td>2%</td>
<td>4%</td>
<td>3%</td>
<td>3%</td>
</tr>
<tr>
<td>Alaska Native, Indian Health Service,</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Tribal Health Services</td>
<td>1%</td>
<td>3%</td>
<td>0%</td>
<td>3%</td>
</tr>
<tr>
<td>Some other source</td>
<td>1%</td>
<td>0%</td>
<td>4%</td>
<td>1%</td>
</tr>
<tr>
<td>None</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

Local - State Comparison
“Have you delayed getting medical care for any of the following reasons in the past 12 months?”

- You couldn't get through on the telephone
- You couldn't get an appointment soon enough
- Once you got there, you had to wait too long to see the doctor
- The (clinic/doctor’s) office wasn't open when you got there
- You didn't have transportation
- No, I did not delay getting medical care/did not need medical care
- Other

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>2015 BRFSS Fox Cities</th>
<th>2015 Tri-County Area</th>
<th>2014 CDC BRFSS Wisconsin</th>
<th>2014 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>2%</td>
<td>6%</td>
<td>2%</td>
<td>1%</td>
<td>1%</td>
</tr>
<tr>
<td>6%</td>
<td>6%</td>
<td>1%</td>
<td>2%</td>
<td>1%</td>
</tr>
<tr>
<td>0%</td>
<td>0%</td>
<td>6%</td>
<td>1%</td>
<td>4%</td>
</tr>
<tr>
<td>1%</td>
<td>2%</td>
<td>0%</td>
<td>2%</td>
<td>2%</td>
</tr>
<tr>
<td>7%</td>
<td></td>
<td></td>
<td>8%</td>
<td>4%</td>
</tr>
<tr>
<td>82%</td>
<td></td>
<td></td>
<td>82%</td>
<td>79%</td>
</tr>
<tr>
<td>82%</td>
<td></td>
<td></td>
<td>79%</td>
<td>80%</td>
</tr>
<tr>
<td>79%</td>
<td></td>
<td></td>
<td>80%</td>
<td></td>
</tr>
<tr>
<td>80%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Local - State Comparison
“Was there a time during the last 12 months when you did not take your medication as prescribed because of cost?”

Local Trend Comparison ‘15-’05

Local - State Comparison

Percent Response

- Yes
- No
- No one in the household takes prescription meds

2015 BRFSS Fox Cities: 7% Yes, 10% No, 2% No one
2010 BRFSS Fox Cities: 7% Yes, 10% No, 2% No one
2015 Tri-County Area: 6% Yes, 13% No, 7% No one
2014 CDC BRFSS Wisconsin: 7% Yes, 7% No, 9% No one
2014 CDC BRFSS Nationwide: 9% Yes, 10% No, 10% No one
Health Care Access

“Do you currently have any health care bills that are being paid off over time?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>21%</td>
<td>79%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>22%</td>
<td>78%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>23%</td>
<td>77%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>20%</td>
<td>80%</td>
</tr>
</tbody>
</table>
Vegetables

“On an average day, how many servings of vegetables do you eat? Would you say....*”

*2015 DATA IS DONE IN “SERVINGS PER DAY.” PREVIOUS YEARS WERE DONE IN “SERVINGS PER WEEK.” ONE SERVING IS A ½ CUP OF COOKED OR RAW VEGETABLES, 1 CUP OF LEAFY GREENS.
*NO 2014 STATE OR NATIONAL DATA.
Fruits

“On an average day, not counting juice, how many servings of fruit do you eat?”

*2015 DATA IS DONE IN “SERVINGS PER DAY.” PREVIOUS YEARS WERE DONE IN “SERVINGS PER WEEK.” ONE SERVING IS ½ CUP OF CANNED OR COOKED FRUIT, 1 MEDIUM PIECE OF FRUIT, OR ¼ CUP OF DRIED FRUIT. NO 2014 STATE OR NATIONAL DATA.
“During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?”

- Yes
- No

Local Trend Comparison ‘15-'10

Local - State Comparison

<table>
<thead>
<tr>
<th>Year</th>
<th>BRFSS Fox Cities</th>
<th>BRFSS Fox Cities</th>
<th>BRFSS Fox Cities</th>
<th>BRFSS Fox Cities</th>
<th>Tri-County Area</th>
<th>CDC BRFSS Wisconsin</th>
<th>CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>73%</td>
<td>27%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2010</td>
<td>80%</td>
<td>20%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2005</td>
<td>78%</td>
<td>22%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2000</td>
<td>71%</td>
<td>28%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>75%</td>
<td>25%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>79%</td>
<td>21%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>76%</td>
<td>24%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
"Now thinking about the moderate activities you do when you are not working, in a usual week, do you do moderate activities for at least 10 minutes at a time?"

**Local Trend Comparison '15-'10**

- **2015 BRFSS Fox Cities**: 87% Yes, 13% No
- **2010 BRFSS Fox Cities**: 90% Yes, 10% No
- **2005 BRFSS Fox Cities**: 87% Yes, 13% No
- **2015 Tri-County Area**: 84% Yes, 16% No

*NO 2014 STATE OR NATIONAL DATA.*
Moderate Exercise Days

“How many days per week do you do these moderate activities for at least 10 minutes at a time…”

- 1 day
- 2 days
- 3 days
- 4 days
- 5 or more days

Local Trend Comparison ‘15-’10

*NO 2014 STATE OR NATIONAL DATA.
"On the days you do these moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?"

- 15 or less
- 16-30
- 31-45
- 46-1 hr
- 1-2 hours
- > 2 hrs

2015 BRFSS Fox Cities:
- 9% 15 or less
- 13% 16-30
- 17% 31-45
- 12% 46-1 hr
- 5% 1-2 hours
- 5% > 2 hrs

2010 BRFSS Fox Cities:
- 11% 15 or less
- 13% 16-30
- 17% 31-45
- 13% 46-1 hr
- 5% 1-2 hours
- 5% > 2 hrs

2005 BRFSS Fox Cities:
- 12% 15 or less
- 19% 16-30
- 15% 31-45
- 10% 46-1 hr
- 6% 1-2 hours
- 2% > 2 hrs

2015 Tri-County Area:
- 12% 15 or less
- 14% 16-30
- 17% 31-45
- 12% 46-1 hr
- 4% 1-2 hours
- 2% > 2 hrs

*NO 2014 STATE OR NATIONAL DATA.*

Local Trend
Comparison ’15-’10
"Now thinking about the vigorous activities you do when you are not working, in a usual week, do you do vigorous activities for at least 10 minutes at a time..."
Vigorous Exercise Days

“How many days per week do you do these vigorous activities for at least 10 minutes at a time?”

- **1 day**
- **2 days**
- **3 days**
- **4 days**
- **5 or more days**

2015 BRFSS Fox Cities:
- 1 day: 20%
- 2 days: 17%
- 3 days: 31%
- 4 days: 13%
- 5 or more days: 19%

2015 Tri-County Area:
- 1 day: 18%
- 2 days: 20%
- 3 days: 28%
- 4 days: 14%
- 5 or more days: 21%

*NO 2014 STATE OR NATIONAL DATA.*
Vigorous Exercise Mins.

“On the days you do these vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>2015 BRFSS Fox Cities</th>
<th>2015 Tri-County Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 or less</td>
<td>9%</td>
<td>9%</td>
</tr>
<tr>
<td>16-30</td>
<td>28%</td>
<td>30%</td>
</tr>
<tr>
<td>31-45</td>
<td>23%</td>
<td>21%</td>
</tr>
<tr>
<td>46-1 hr</td>
<td>24%</td>
<td>24%</td>
</tr>
<tr>
<td>1-2 hours</td>
<td>9%</td>
<td>13%</td>
</tr>
<tr>
<td>&gt; 2 hrs</td>
<td>5%</td>
<td>4%</td>
</tr>
</tbody>
</table>

*NO 2014 STATE OR NATIONAL DATA.*
Inadequate Sleep

“On average, how many hours of sleep do you get in a 24-hour period?”

Percent Response

<table>
<thead>
<tr>
<th></th>
<th>5 or less</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9 and over</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>7%</td>
<td>27%</td>
<td>37%</td>
<td>23%</td>
<td>6%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>9%</td>
<td>21%</td>
<td>34%</td>
<td>29%</td>
<td>7%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>10%</td>
<td>21%</td>
<td>33%</td>
<td>29%</td>
<td>7%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>12%</td>
<td>23%</td>
<td>29%</td>
<td>28%</td>
<td>8%</td>
</tr>
</tbody>
</table>
Asthma Prevalence

“Have you ever been told by a doctor, nurse, or other health professional that you have asthma?”

<table>
<thead>
<tr>
<th>Year</th>
<th>Local Trend</th>
<th>Comparison '15-'00</th>
<th>Local - State Comparison</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>17%</td>
<td>83%</td>
<td>87%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>13%</td>
<td>86%</td>
<td>87%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>14%</td>
<td>86%</td>
<td>87%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>10%</td>
<td>90%</td>
<td>87%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>17%</td>
<td>83%</td>
<td>87%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>13%</td>
<td>8%</td>
<td>87%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>14%</td>
<td>10%</td>
<td>87%</td>
</tr>
</tbody>
</table>
Asthma Prevalence

“Do you still have asthma?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>2015 BRFSS Fox Cities</th>
<th>2015 Tri-County Area</th>
<th>2014 CDC BRFSS Wisconsin</th>
<th>2014 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>81%</td>
<td>71%</td>
<td>83%</td>
<td>68%</td>
</tr>
<tr>
<td>No</td>
<td>19%</td>
<td>29%</td>
<td>18%</td>
<td>32%</td>
</tr>
</tbody>
</table>

Local - State Comparison
Depression Prevalence

“Have you ever been told by a doctor, nurse, or other health professional you have a depressive disorder, including depression, major depression, dysthymia, or minor depression?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>23%</td>
<td>77%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>22%</td>
<td>78%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>17%</td>
<td>83%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>18%</td>
<td>82%</td>
</tr>
</tbody>
</table>
“Have you ever been told by a doctor that you have diabetes?”

- Yes
- Yes, female during pregnancy
- No
- No, pre-diabetes or borderline

### Diabetes Prevalence

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Percent Response</td>
<td>92%</td>
<td>86%</td>
<td>89%</td>
<td>93%</td>
<td>89%</td>
<td>89%</td>
<td>89%</td>
</tr>
</tbody>
</table>

Local Trend Comparison '15-'10

Local - State Comparison
Diabetes Age

“How old were you when you were told you have diabetes?”

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Local</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-17</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18-24</td>
<td></td>
<td></td>
</tr>
<tr>
<td>25-34</td>
<td></td>
<td></td>
</tr>
<tr>
<td>35-44</td>
<td></td>
<td></td>
</tr>
<tr>
<td>45-54</td>
<td></td>
<td></td>
</tr>
<tr>
<td>55-64</td>
<td></td>
<td></td>
</tr>
<tr>
<td>65 and over</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2015 BRFSS Fox Cities: 3%, 18%, 6%, 15%, 21%
2015 Tri-County Area: 1%, 7%, 9%, 17%, 23%, 25%, 18%
2014 CDC BRFSS Wisconsin: 5%, 4%, 5%, 17%, 26%, 24%, 17%
2014 CDC BRFSS Nationwide: 2%, 3%, 10%, 18%, 27%, 24%, 14%
Oral Health

“How long has it been since you last visited a dentist/dental clinic for any reason?”

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 5 years (2-5 years ago)
- 5 or more years ago
- Never

Percent Response

- 2015 BRFSS Fox Cities
- 2010 BRFSS Fox Cities
- 2005 BRFSS Fox Cities
- 2000 BRFSS Fox Cities
- 2015 Tri-County Area
- 2014 CDC BRFSS Wisconsin
- 2014 CDC BRFSS Nationwide
Smoking Prevalence

“Have you smoked at least 100 cigarettes in your entire life?”

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>41%</td>
<td>59%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>45%</td>
<td>55%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>46%</td>
<td>54%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>47%</td>
<td>53%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>44%</td>
<td>56%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>44%</td>
<td>56%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>42%</td>
<td>58%</td>
</tr>
</tbody>
</table>

Local Trend Comparison '15-'00
Local - State Comparison
Current Smoking

“Do you now smoke cigarettes every day, some days, or not at all?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>Every day</th>
<th>Some days</th>
<th>Not at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>21%</td>
<td>11%</td>
<td>68%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>27%</td>
<td>8%</td>
<td>66%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>27%</td>
<td>11%</td>
<td>62%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>32%</td>
<td>12%</td>
<td>57%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>24%</td>
<td>9%</td>
<td>67%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>29%</td>
<td>10%</td>
<td>60%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>29%</td>
<td>13%</td>
<td>58%</td>
</tr>
</tbody>
</table>

*2015 LOCAL DATA AND 2014 STATE AND NATIONAL DATA IS BASED ONLY ON THOSE WHO HAVE SMOKED “100 CIGARETTES IN LIFETIME.”*
"During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?"

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
<th>DK/RF</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>70%</td>
<td>30%</td>
<td>0%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>51%</td>
<td>43%</td>
<td>6%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>64%</td>
<td>33%</td>
<td>3%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>62%</td>
<td>38%</td>
<td>0%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>57%</td>
<td>43%</td>
<td>0%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>60%</td>
<td>40%</td>
<td>0%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>61%</td>
<td>39%</td>
<td>0%</td>
</tr>
</tbody>
</table>

*2015 LOCAL DATA AND 2014 STATE AND NATIONAL DATA IS BASED ONLY ON THOSE WHO HAVE SMOKED “100 CIGARETTES IN LIFETIME.”*
Tobacco Use

“How long has it been since you last smoked a cigarette, even one or two puffs?”

<table>
<thead>
<tr>
<th>Within the past month (less than 1 month)</th>
<th>Within the past 3 months (1-3 months)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Within the past 6 months (3-6 months)</td>
<td>Within the past year (6 months - 1 year)</td>
</tr>
<tr>
<td>Within the past 5 years (1-5 years)</td>
<td>Within the past 10 years (5-10 years)</td>
</tr>
<tr>
<td>10 years or more</td>
<td></td>
</tr>
</tbody>
</table>

*2015 LOCAL DATA IS BASED ONLY ON THOSE WHO HAVE SMOKED “100 CIGARETTES IN LIFETIME.”
*NO 2014 STATE OR NATIONAL DIRECT COMPARISON.
Smokeless Tobacco Use

“Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?”

- **Every day**
- **Some days**
- **Not at all**

Percent Response

<table>
<thead>
<tr>
<th>Year</th>
<th>Fox Cities</th>
<th>Tri-County</th>
<th>Wisconsin</th>
<th>Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS</td>
<td>1%</td>
<td>98%</td>
<td>96%</td>
<td>96%</td>
</tr>
<tr>
<td>2010 BRFSS</td>
<td>1%</td>
<td>98%</td>
<td>97%</td>
<td>96%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>2%</td>
<td>97%</td>
<td>97%</td>
<td>96%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>2%</td>
<td>97%</td>
<td>97%</td>
<td>96%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>2%</td>
<td>97%</td>
<td>97%</td>
<td>96%</td>
</tr>
</tbody>
</table>
E-Cigarettes

“Do you currently use electronic cigarettes (e-cigarettes, NJOY, Bluetip) every day, some days, or not at all?”

*NO 2014 STATE OR NATIONAL DATA.
“During the past 30 days, how many days per month did you have at least one drink of any alcoholic beverage?”

*OVERALL, IN 2015 29% (**TRI-COUNTY 31%) OF RESPONDENTS IN THE FOX CITIES INDICATED THEY HAD NOT DRANK ANY ALCOHOLIC BEVERAGE IN THE PAST 30 DAYS.
*44% OF RESPONDENTS NATIONWIDE AND 35% OF RESPONDENTS IN WISCONSIN INDICATED THEY HAD NOT DRANK ANY ALCOHOLIC BEVERAGE IN THE PAST 30 DAYS .
“During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?”

* ONLY THOSE WHO HAVE DRANK WITHIN THE PAST 30 DAYS.
Alcohol - 5 or More Drinks

“Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on an occasion?”

*ONLY THOSE WHO HAVE DRANK WITHIN THE PAST 30 DAYS.
**Alcohol – Largest Number**

“During the past 30 days, what is the largest number of drinks you had on any occasion?”

* ONLY THOSE WHO HAVE DRANK WITHIN THE PAST 30 DAYS.
“During the past 12 months, have you had either a flu shot or flu vaccine that was sprayed in your nose?”

*2010 AND 2005 DATA COMBINED FLU SHOT AND FLUMIST.*
Number of Falls

“In the past 12 months, how many times have you fallen?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>Local - State Comparison</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>73%</td>
</tr>
<tr>
<td>1</td>
<td>15%</td>
</tr>
<tr>
<td>2</td>
<td>6%</td>
</tr>
<tr>
<td>3 or more</td>
<td>8%</td>
</tr>
</tbody>
</table>

*BY A FALL, IT WAS MEANT WHEN A PERSON UNINTENTIONALLY COMES TO REST ON THE GROUND OR ANOTHER LOWER LEVEL.*
**Falls - Injury**

“How many of these falls caused an injury?”

```
Percent Response

<table>
<thead>
<tr>
<th></th>
<th>0</th>
<th>1</th>
<th>2-3</th>
<th>4 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>66%</td>
<td>6%</td>
<td>7%</td>
<td>21%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>60%</td>
<td>25%</td>
<td>8%</td>
<td>7%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>64%</td>
<td>6%</td>
<td>3%</td>
<td>26%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>60%</td>
<td>9%</td>
<td>3%</td>
<td>28%</td>
</tr>
</tbody>
</table>
```

*BY AN INJURY, IT WAS MEANT A FALL CAUSED THE RESPONDENT TO LIMIT THEIR REGULAR ACTIVITIES FOR AT LEAST A DAY OR TO GO SEE A DOCTOR.*
Seatbelt Use

“How often do you use a seat belt when you drive or ride in a car? Would you say...”

- **Always**
- **Nearly always**
- **Sometimes**
- **Seldom**
- **Never**

### Local - State Comparison

- **2015 BRFSS Fox Cities**
  - 80% Always, 13% Nearly always, 5% Sometimes, 1% Seldom, 2% Never

- **2015 Tri-County Area**
  - 82% Always, 11% Nearly always, 3% Sometimes, 2% Seldom, 2% Never

- **2014 CDC BRFSS Wisconsin**
  - 80% Always, 12% Nearly always, 4% Sometimes, 1% Seldom, 2% Never

- **2014 CDC BRFSS Nationwide**
  - 87% Always, 7% Nearly always, 3% Sometimes, 1% Seldom, 2% Never
"During the past 30 days, how many times have you driven when you’ve had perhaps too much to drink?"
Mammogram Test

“A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram?” (*Age 40+)

<table>
<thead>
<tr>
<th>Year</th>
<th>Percent Response</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>90%</td>
<td>10%</td>
<td>90%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>76%</td>
<td>24%</td>
<td>76%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>77%</td>
<td>23%</td>
<td>77%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>64%</td>
<td>36%</td>
<td>64%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>91%</td>
<td>9%</td>
<td>91%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>93%</td>
<td>7%</td>
<td>93%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>92%</td>
<td>8%</td>
<td>92%</td>
</tr>
</tbody>
</table>

*2015 DATA CALCULATED WITH AGE 40 AND ABOVE TO REALIGN WITH OTHER COUNTIES.
Last Mammogram

“How long has it been since you had your last mammogram?” (*Age 40+)

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 3 years (2-3 years ago)
- Within past 5 years (3-5 years ago)
- 5 or more years ago

*2015 DATA CALCULATED WITH AGE 40 AND ABOVE TO REALIGN WITH OTHER COUNTIES.
“A clinical breast exam is when a doctor, nurse or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?”
"How long has it been since your last breast exam?"

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 3 years (2-3 years ago)
- Within past 5 years (3-5 years ago)
- 5 or more years ago

Percent Response:

- 2015 BRFSS Fox Cities: 74%
- 2010 BRFSS Fox Cities: 73%
- 2005 BRFSS Fox Cities: 80%
- 2000 BRFSS Fox Cities: 72%
- 2015 Tri-County Area: 78%
- 2014 CDC BRFSS Wisconsin: 66%
- 2014 CDC BRFSS Nationwide: 64%

Local Trend Comparison '15-'10
Local - State Comparison

2015 BRFSS Fox Cities
2010 BRFSS Fox Cities
2005 BRFSS Fox Cities
2000 BRFSS Fox Cities
2015 Tri-County Area
2014 CDC BRFSS Wisconsin
2014 CDC BRFSS Nationwide
"A Pap test is a test for cancer of the cervix. Have you ever had a Pap test?"

<table>
<thead>
<tr>
<th>Year</th>
<th>Local Trend</th>
<th>Comparison '15-'10</th>
<th>No</th>
<th>Yes</th>
<th>Pap Test</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>7%</td>
<td>93%</td>
<td>7%</td>
<td>93%</td>
<td></td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>10%</td>
<td>89%</td>
<td>10%</td>
<td>89%</td>
<td></td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>5%</td>
<td>95%</td>
<td>5%</td>
<td>95%</td>
<td></td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>4%</td>
<td>96%</td>
<td>4%</td>
<td>96%</td>
<td></td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>8%</td>
<td>92%</td>
<td>8%</td>
<td>92%</td>
<td></td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>9%</td>
<td>11%</td>
<td>9%</td>
<td>91%</td>
<td></td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>10%</td>
<td>95%</td>
<td>10%</td>
<td>95%</td>
<td></td>
</tr>
</tbody>
</table>
Last Pap Test

“How long has it been since you had your last Pap test?”

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 3 years (2-3 years ago)
- Within past 5 years (3-5 years ago)
- 5 or more years ago

Local Trend
Comparison '15-'00

Comparison '15
- Local
- State

2015 BRFSS Fox Cities
- 50% Within past year
- 20% Within past 2 years
- 5% Within past 3 years
- 5% Within past 5 years
- 5% 5 or more years ago

2010 BRFSS Fox Cities
- 55% Within past year
- 20% Within past 2 years
- 6% Within past 3 years
- 4% Within past 5 years
- 6% 5 or more years ago

2005 BRFSS Fox Cities
- 63% Within past year
- 17% Within past 2 years
- 6% Within past 3 years
- 4% Within past 5 years
- 12% 5 or more years ago

2000 BRFSS Fox Cities
- 71% Within past year
- 16% Within past 2 years
- 2% Within past 3 years
- 5% Within past 5 years
- 7% 5 or more years ago

2015 Tri-County Area
- 50% Within past year
- 22% Within past 2 years
- 6% Within past 3 years
- 18% Within past 5 years
- 10% 5 or more years ago

2014 CDC BRFSS Wisconsin
- 42% Within past year
- 22% Within past 2 years
- 12% Within past 3 years
- 7% Within past 5 years
- 7% 5 or more years ago

2014 CDC BRFSS Nationwide
- 48% Within past year
- 20% Within past 2 years
- 10% Within past 3 years
- 7% Within past 5 years
- 16% 5 or more years ago
“A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?” (Age 50+)

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>2015 BRFSS Fox Cities</th>
<th>2010 BRFSS Fox Cities</th>
<th>2015 Tri-County Area</th>
<th>2014 CDC BRFSS Wisconsin</th>
<th>2014 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>31%</td>
<td>46%</td>
<td>30%</td>
<td>31%</td>
<td>34%</td>
</tr>
<tr>
<td>No</td>
<td>69%</td>
<td>53%</td>
<td>70%</td>
<td>69%</td>
<td>66%</td>
</tr>
</tbody>
</table>
"How long has it been since you had your last blood stool test using a home kit?" (Age 50+)

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 3 years (2-3 years ago)
- Within past 5 years (3-5 years ago)
- 5 or more years ago

![Bar chart showing percentage response for different time periods for local and state comparisons.](chart.png)
“Colonoscopy and Sigmoidoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?”

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>75%</td>
<td>25%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>75%</td>
<td>24%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>79%</td>
<td>21%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Wisconsin</td>
<td>76%</td>
<td>24%</td>
</tr>
<tr>
<td>2014 CDC BRFSS Nationwide</td>
<td>69%</td>
<td>31%</td>
</tr>
</tbody>
</table>
“How long has it been since your last sigmoidoscopy or colonoscopy?”

- Within the past year (less than 12 months ago)
- Within the past 2 years (1-2 years ago)
- Within the past 3 years (2-3 years ago)
- Within the past 5 years (3-5 years ago)
- Within the past 10 years (5-10 years ago)
- 10 or more years ago

2015 BRFSS Fox Cities: 26% (0% within the past year, 21% within the past 2 years, 29% within the past 3 years, 10% within the past 5 years, 15% within the past 10 years, 17% 10 or more years ago)

2015 Tri-County Area: 23% (15% within the past year, 18% within the past 2 years, 27% within the past 3 years, 17% within the past 5 years, 15% within the past 10 years, 17% 10 or more years ago)

2014 CDC BRFSS Wisconsin: 22% (16% within the past year, 24% within the past 2 years, 19% within the past 3 years, 5% within the past 5 years, 16% within the past 10 years, 17% 10 or more years ago)

2014 CDC BRFSS Nationwide: 23% (17% within the past year, 16% within the past 2 years, 21% within the past 3 years, 17% within the past 5 years, 17% within the past 10 years, 6% 10 or more years ago)
Alcohol Screening

“Did the health care provider ask you in person or on a form how much you drink?”

*ONLY RESPONDENTS WHO HAD A CHECKUP WITHIN THE PAST 2 YEARS.*
Alcohol Screening

“At your last routine checkup, were you advised to reduce or quit drinking?”

<table>
<thead>
<tr>
<th></th>
<th>2015 BRFSS Fox Cities</th>
<th>2015 Tri-County Area</th>
<th>2014 CDC BRFSS Wisconsin</th>
<th>2014 CDC BRFSS Nationwide</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Yes</strong></td>
<td>94%</td>
<td>94%</td>
<td>93%</td>
<td>90%</td>
</tr>
<tr>
<td><strong>No</strong></td>
<td>5%</td>
<td>6%</td>
<td>7%</td>
<td>10%</td>
</tr>
</tbody>
</table>

Local - State Comparison
“How often in the past 12 months would you say you were worried or stressed about having enough money to pay your rent/mortgage? Would you say…”

- Always
- Usually
- Sometimes
- Rarely
- Never
- N/A

Social Context

Local - National Comparison

*NO 2014 STATE DATA.*

Percent Response

- 2015 BRFSS Fox Cities: 7% (Always), 4% (Usually), 16% (Sometimes), 19% (Rarely), 53% (Never), 1% (N/A)
- 2015 Tri-County Area: 8% (Always), 5% (Usually), 13% (Sometimes), 14% (Rarely), 56% (Never), 3% (N/A)
- 2014 CDC BRFSS Nationwide: 7% (Always), 5% (Usually), 10% (Sometimes), 17% (Rarely), 16% (Never), 2% (N/A)
Social Context

“How often in the past 12 months would you say you were worried or stressed about having enough money to buy nutritious meals? Would you say…”

Always | Usually | Sometimes | Rarely | Never | Not Applicable
--- | --- | --- | --- | --- | ---
2015 BRFSS Fox Cities | 5% | 4% | 16% | 11% | 0%
2015 Tri-County Area | 6% | 5% | 11% | 11% | 2%
2014 CDC BRFSS Nationwide | 7% | 4% | 14% | 13% | 0%

*NO 2014 STATE DATA.
“About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?”

- Within past year (1-12 months ago)
- Within past 2 years (1-2 years ago)
- Within past 5 years (2-5 years ago)
- 5 or more years ago

*NO 2014 STATE OR NATIONAL DATA.*
"Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?"

<table>
<thead>
<tr>
<th>Period</th>
<th>Yes (%)</th>
<th>No (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>75%</td>
<td></td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>64%</td>
<td>37%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>70%</td>
<td></td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td></td>
<td>26%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>72%</td>
<td></td>
</tr>
</tbody>
</table>

*NO 2014 STATE OR NATIONAL DATA.
"Are you taking any action to help control your blood pressure? (losing weight, increasing physical activity, reducing salt intake, or taking medication)"

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>90%</td>
<td>10%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>84%</td>
<td>16%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>88%</td>
<td>12%</td>
</tr>
</tbody>
</table>
“Blood cholesterol is a fatty substance found in the blood. How long has it been since you last had your blood cholesterol checked?”

- Within the past year (1-12 months ago)
- Within the past 2 years (1-2 years ago)
- Within the past 5 years (2-5 years ago)
- 5 or more years ago
- Never

*NO 2014 STATE OR NATIONAL DATA.
Cholesterol Awareness

“Have you ever been told by a doctor or other health professional that your blood cholesterol is high?”

Percent Response

- **Yes**
- **No**

<table>
<thead>
<tr>
<th>Year</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015 BRFSS Fox Cities</td>
<td>33%</td>
<td>66%</td>
</tr>
<tr>
<td>2010 BRFSS Fox Cities</td>
<td>38%</td>
<td>62%</td>
</tr>
<tr>
<td>2005 BRFSS Fox Cities</td>
<td>39%</td>
<td>61%</td>
</tr>
<tr>
<td>2000 BRFSS Fox Cities</td>
<td>35%</td>
<td>65%</td>
</tr>
<tr>
<td>2015 Tri-County Area</td>
<td>33%</td>
<td>68%</td>
</tr>
</tbody>
</table>

*NO 2014 STATE OR NATIONAL DATA.*
Emotional Support

“How often do you get the social and emotional support you need?”

- Always
- Usually
- Sometimes
- Rarely
- Never

Percent Response

Local Trend
Comparison ‘15-'10

Comparison '15 - '10

Local - National
Comparison

*NO 2014 STATE DATA.
“On average, approximately how many hours a day do you spend in front of a TV, computer, smart phone, tablet, or video gaming system at home or for leisure?

*NO 2014 STATE OR NATIONAL DATA.*
Sugar Drinks – Pop/Soda

“During the past 30 days, on the days when you drank regular soda or pop that contains sugar, about how many drinks did you drink on average?

- 1
- 2
- 3
- 4
- 5 or more
- None

*NO 2014 STATE OR NATIONAL DATA.*
Sugar Drinks - Other

“During the past 30 days, on the days when you drank sugar-sweetened fruit drinks, sweet tea, and sports or energy drinks, about how many drinks did you drink on average?

*NO 2014 STATE OR NATIONAL DATA.
Family Dining

“During the past week, how many times did all, or most, of your family living in your household eat a meal together?”

<table>
<thead>
<tr>
<th>Percent Response</th>
<th>2015 BRFSS Fox Cities</th>
<th>2015 Tri-County Area</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>3%</td>
<td>4%</td>
</tr>
<tr>
<td>1-2 times</td>
<td>10%</td>
<td>11%</td>
</tr>
<tr>
<td>3-4 times</td>
<td>12%</td>
<td>13%</td>
</tr>
<tr>
<td>5-6 times</td>
<td>16%</td>
<td>15%</td>
</tr>
<tr>
<td>7 times</td>
<td>8%</td>
<td>7%</td>
</tr>
<tr>
<td>More than 7 times</td>
<td>31%</td>
<td>33%</td>
</tr>
<tr>
<td>Live alone</td>
<td>21%</td>
<td>17%</td>
</tr>
</tbody>
</table>

*NO 2014 STATE OR NATIONAL DATA.*
For more information, please contact:

David Zerbe  
Aurora Health Care  
david.zerbe@aurora.org

Nancy McKenney  
Public Health Director  
City of Menasha  
nmckenney@menasha.wi.us

Kurt Eggebrecht  
City of Appleton Health Officer  
920-832-6429  
kurt.egebrecht@appleton.org

Paula Morgen  
ThedaCare  
paula.morgen@ThedaCare.org