INTERDEPARTMENTAL HEALTH IN ALL POLICIES TEAM

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DEFINITIONS: HEALTH

· Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.

- World Health Organization
DEFINITIONS: HEALTH INEQUITIES

- Health inequities are differences in health status and mortality rates across population groups that are systemic, avoidable, unfair, and unjust.
  
  - Margaret Whitehead
DEFINITIONS: HEALTH EQUITY

- Health equity means that everyone has a fair and just opportunity to be as healthy as possible. To achieve this, we must remove obstacles to health — such as poverty, discrimination, and deep power imbalances — and their consequences, including lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care.

- Adapted from Paula Braveman and colleagues
WHAT SHAPES HEALTH?
Strategy document will be a living plan that is designed to grow over time as progress is made and the needs of the community change.
Connecting Activity-Friendly Routes to Everyday Destinations

Select thumbnail images below to highlight each example of an activity-friendly route connected to a destination:

1. Safe Crossing to a School
2. Crosswalk to a Library
3. Shared-Use Path to a Worksite
4. Protected Bike Lane to a Home
5. Attractive Alley to a Grocery Store
6. Bus Stop to a Park
Connecting Activity-Friendly Routes to Everyday Destinations

Activity-Friendly Route

Shared-Use Path

Worksite

Everyday Destination
Connecting Activity-Friendly Routes to Everyday Destinations

Activity-Friendly Route

Protected Lane

Home

Everyday Destination
Connecting Activity-Friendly Routes to Everyday Destinations

- Activity-Friendly Route
  - Attractive Alley
- Grocery Store
  - Everyday Destination
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Activity-Friendly Route

Bus Stop

Park

Everyday Destination
NEXT STEPS - THE ASK

· Review Health in All Policy Team work plan in detail
· Spend time internally and Identify Action/Plan/Policy/Programs to add to this work plan related to transportation
· Commit to ongoing health equity learning
· Continue to champion HiAP Ordinance
· Seek opportunities to engage directly with stakeholders to close health gaps