### All Hazards Emergency Preparedness Kit

**Food & Water**

**Have enough for at least 3 days**

- Non-perishable food
- Ready to eat canned goods
- Can opener
- Water – 1 gallon per person per day

**Important Documents**

**Held in waterproof container**

- Copies of home and life insurance policies
- Identification credentials
- Extra cash or travelers checks
- Medical records
- Family emergency contact plan

**First Aid**

- First aid kit
- First aid book
- Ibuprofen
- Cold medicine
- Prescription medication
- Prescribed medical supplies

**Personal Hygiene**

- Feminine supplies
- Soap – Hand and body
- Toothbrush/toothpaste
- Tissues
- Toilet paper

**Sanitation**

- Disinfectant
- Hand sanitizer
- Bleach – 9 parts water to 1 part bleach to disinfect water
- Medicine dropper – used to dilute water with bleach
- Disposable dinner ware – Plates, silverware, cups
- Garbage bags
- Rubber gloves

**Shelter in Place**

- Dust mask
- Duct tape
- Plastic sheeting

**Essential Items**

- Whistle
- Extra blankets
- Fire extinguisher
- Matches/Lighter
- Flashlight
- Batteries – AA, AAA, 9v, any other household specific type
- Portable radio
- NOAA weather radio
- Basic tools – Hammer, screwdriver, pillars
- Local map
- Extra set of car and house keys
- Spare glasses/contacts/eye drops

**Pets**

- Food, water, leash, toys, bedding, medication, paperwork

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**Appleton Health Department**: [http://www.appleton.org/residents/health/preparedness/be-ready](http://www.appleton.org/residents/health/preparedness/be-ready)